

PHARMACY ASPECTS OF SUBSTITUTE PRESCRIBING

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AIMS

- **Role of Community Pharmacist**
- **Health Promotion**
- **Supervised Consumption**
- **Client Induction**
- **Training to Community Pharmacist**
- **Substance Misuse Management in Community Pharmacy Scheme**
- **On-Going Work**

ROLE OF COMMUNITY PHARMACIST

- **Dispensing controlled drugs**
- **Safe prescribed drug use**
- **Compliance**
- **Supplying clean injecting equipment**
- **Providing advice**
- **Referring to appropriate services**
- **Communicating/liasing with other health professionals**
- **Over the counter medicines**
- **General health**

HEALTH PROMOTION

- **Constipation**
- **Nutrition**
- **Dental Care**
- **Eye Care**
- **Sleep**
- **Pregnancy**
- **Hepatitis B/C**
- **Overdose**

PHARMACIST VIEWS ON DRUG MISUSERS

When offering supervised consumption most likely to have positive views towards drug misusers, (but those providing needle exchange facilities have even more positive views)

(Matheson et al 1999)

SUPERVISED CONSUMPTION

HISTORY OF SUPERVISED CONSUMPTION SCHEMES

- **Mid - 1990s Glasgow**
- **1991 Wales**
- **late 1990s England**

RECOMMENDED LENGTH OF SUPERVISION PERIOD

■ 3 Months

(Department Of Health Guidelines 1999)

■ 6 Months

(Advisory Council Misuse of Drugs 2000)

WHO IS IT FOR & HOW COMMON?

- **Onset of treatment**
- **Chaotic users**
- **65% of all methadone clients**

(Matheson et al 2002, Scotland)

ADVANTAGES OF SUPERVISED CONSUMPTION

- **Reduce drug-related deaths (risk management)**
- **Pharmacy support**
- **Pharmacy Interventions**
- **Adherence to treatment**
- **Reduce Diversion**
- **Vulnerable clients**
- **No storage requirements at home**

DISADVANTAGES OF SUPERVISED CONSUMPTION

- **Time Consuming**
- **Embarrassing for client**
- **Inflexible for client**
- **Reputation/Security of pharmacy affected**
- **Private area required**
- **Financial burden of training pharmacists**

USERS VIEWS ON SUPERVISED CONSUMPTION

■ 86% have positive views
(Stone & Fletcher 2003)

**■ ‘Helpful tool if not used
punitively’**
(Methadone Alliance 2003)

REVIEW OF CLIENTS ON SUPERVISED CONSUMPTION

- **Stability of clients**
- **Family commitments**
- **Employment commitments**
- **Support network**

SUCCESSFUL ELEMENTS OF SUPERVISED CONSUMPTION

- **Pre-preparation of dose**
- **Consumption in private, discreet area**
- **The client's identity checked**
- **Monitoring of clients-intoxication**
- **Demonstration of self-administration**
- **Communication with prescriber**

CLIENT INDUCTION

- **What the drug is?**
- **Reasons why has the drug been prescribed**
- **What the treatment regimen is**
- **Attendance requirements**
- **What to do if a dose is missed**

CLIENT INDUCTION contd.

- **Advice about take-home medication**
- **Warning about side-effects and adverse effects**
- **Advice about potential drug interactions**
- **Presenting intoxicated**

TRAINING TO COMMUNITY PHARMACISTS

- **Legal aspects of Controlled Drug prescribing**
- **Health promotion for drug users**
- **How illicit drugs are used**
- **Blood-borne viruses**
- **Safer injecting**
- **Pharmacology of drugs used in substance misuse**
- **Dealing with difficult clients**

SUBSTANCE MISUSE MANAGEMENT IN COMMUNITY PHARMACY SCHEME- KCW

- **Improve consistency and quality of care**
- **Local community-based services**
- **Reduce leakage**
- **Minimise risks of harm**
- **Improve communication and introduce shared care**
- **Formal arrangements for supervised consumption**

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ON-GOING WORK

- **Develop peer support systems within Substance Misuse Service and Community Pharmacists**
- **Guidelines on Supervised consumption of Buprenorphine for Community Pharmacists**
- **Training and education on Substance Misuse to all pharmacy students**