



# **What makes effective treatment? The user perspective.**

**John Howard  
Reading User Forum (RUF)  
and  
National Users Network (NUN)**

- **Users rights**
- **Treatment wrongs**

**Substitute medication is a vital yet  
very small part of an individuals  
treatment.**

**It gives a foundation to build upon,  
a beginning not an end.**

**Sometimes, even if it  
doesn't feel like you've been  
talking to a brick wall it can  
often make you feel like  
banging your head against a  
brick wall when you leave  
the room!**

- **Open access and support**
- **Detox and rehab**
- **Throughcare & aftercare?**
- **Housing**
- **Education and training**
- **Employment**

**ALCOHOL**

- **Flexibility**
- **Patience**
- **Honesty**
- **Trust**
- **Respect**
- **Compassion**

- **More money, more resources!**
- **Less money, less resources!**
- **Will crunch time for the NHS mean crunch time for drug users and drug treatment?**
- **The future?**



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