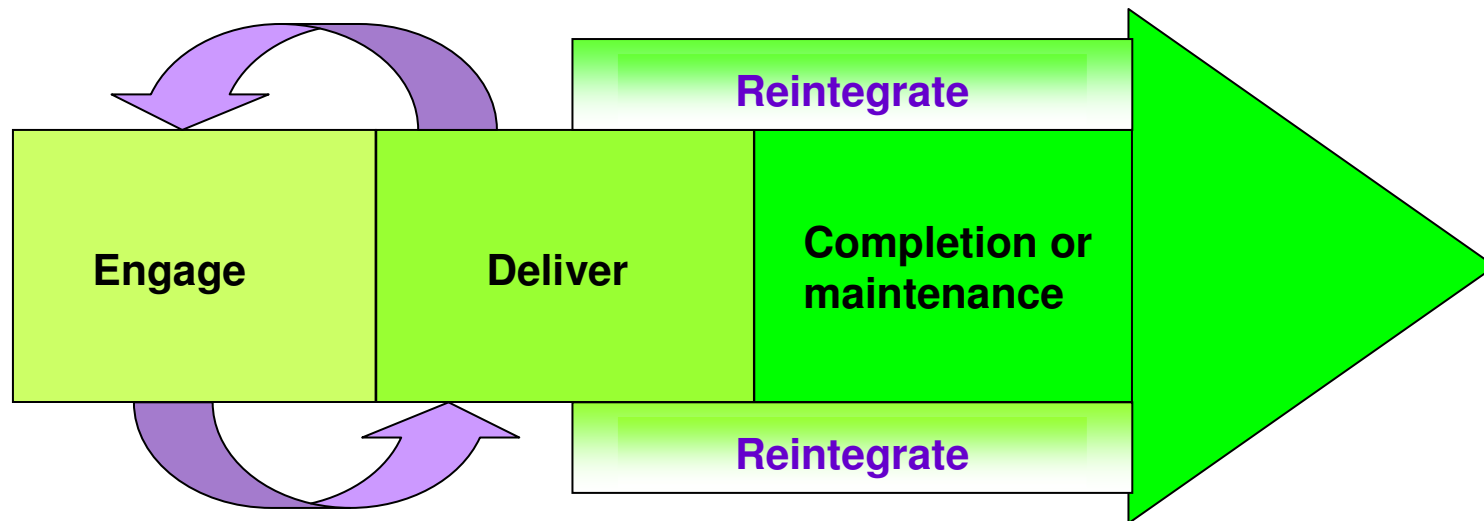


Are we delivering effective care? The NTA perspective

Mark Gilman

NTA North West Regional Manager

The client's journey



Treatment Effectiveness: Critical success factors



*National Treatment Agency
for Substance Misuse*

Improving client journeys through treatment

- Improving treatment engagement
 - waiting times
 - initial retention
- Improving treatment delivery
- Improving treatment completion or maintenance
- Underpinned by improving community reintegration

Local drug treatment systems: two “Units for improvement”

- Improving commissioning
- Improving provision

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Waiting Times

**National Treatment Agency
for Substance Misuse**

- Current national target % of clients waiting less than 3 weeks
- First national users survey data 05

	Less than one week	One week to one month	More than one month
From contact to comprehensive assessment	48.7%	35.9%	15.5%
From assessment to treatment start	78.4%	10.6%	11.0%
From treatment start to worker assigned	79.5%	12.7%	7.9%

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Improving Delivery *because* Delivery is variable



**National Treatment Agency
for Substance Misuse**

- Care Planning
- National prescribing audit data
- National service user survey 2005 (n=7000)
- NTA/HCC: Improvement Review report Spring 2006 on care planning and prescribing

National user survey 2005

*National Treatment Agency
for Substance Misuse*

Headlines

- Just under 7000 responded
- Drug treatment is having impact on drug misuse and crime
- Many drug users want abstinence from many drugs
- Widespread satisfaction
- Some groups more satisfied than others
- Direct relationship between client satisfaction, having a care plan and feeling respected
- Having care plan real indicator of satisfaction and reported improvements in drug misuse and crime

National user survey 2005: Reported change in drug use and crime due to treatment



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	Strongly agree	Agree	Don't Know	Disagree	Strongly Disagree
Drug use has reduced	63.0%	28.3%	3.4%	3.8%	1.3%
Crime has reduced	71.2%	22.1%	1.9%	1.5%	1.2%

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National User Survey 05: What users want as treatment goals by drug (n=7000)



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	% who use	Happy with level of use	Would like to reduce use	Would like to stop using	% using who want to stop
Heroin	48%	6%	3%	39%	81%
Methadone	58%	22%	7%	29%	50%
Cocaine & Crack	39%	6%	3%	30%	77%
Amphet	15%	4%	1%	9%	60%
Cannabis	50%	29%	8%	12%	25%
Benzo's	30%	14%	3%	13%	43%

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National user survey 2005: Care planning

NHS

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66% reported having a care plan

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National users survey 2005

What did you get in the last month apart from a prescription



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	None	Once	Twice	3-4 times	5 times +
Medical treatment	46.9%	25.7%	11.0%	7.1%	9.3%
Counselling	11.6%	16.3%	23.7%	22.2%	26.2%
Complementary therapies	69.3%	8.3%	5.7%	6.3%	10.3%
Safer injecting advice	74.3%	11.4%	4.3%	3.0%	7.1%
Needle exchange	79.3%	5.0%	3.9%	3.0%	8.8%

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National Prescribing Audit 2005

NHS

**National Treatment Agency
for Substance Misuse**

- Survey of Providers
- Prescription data
- Feeds into HCC/NTA “Improvement Review” 2005/6

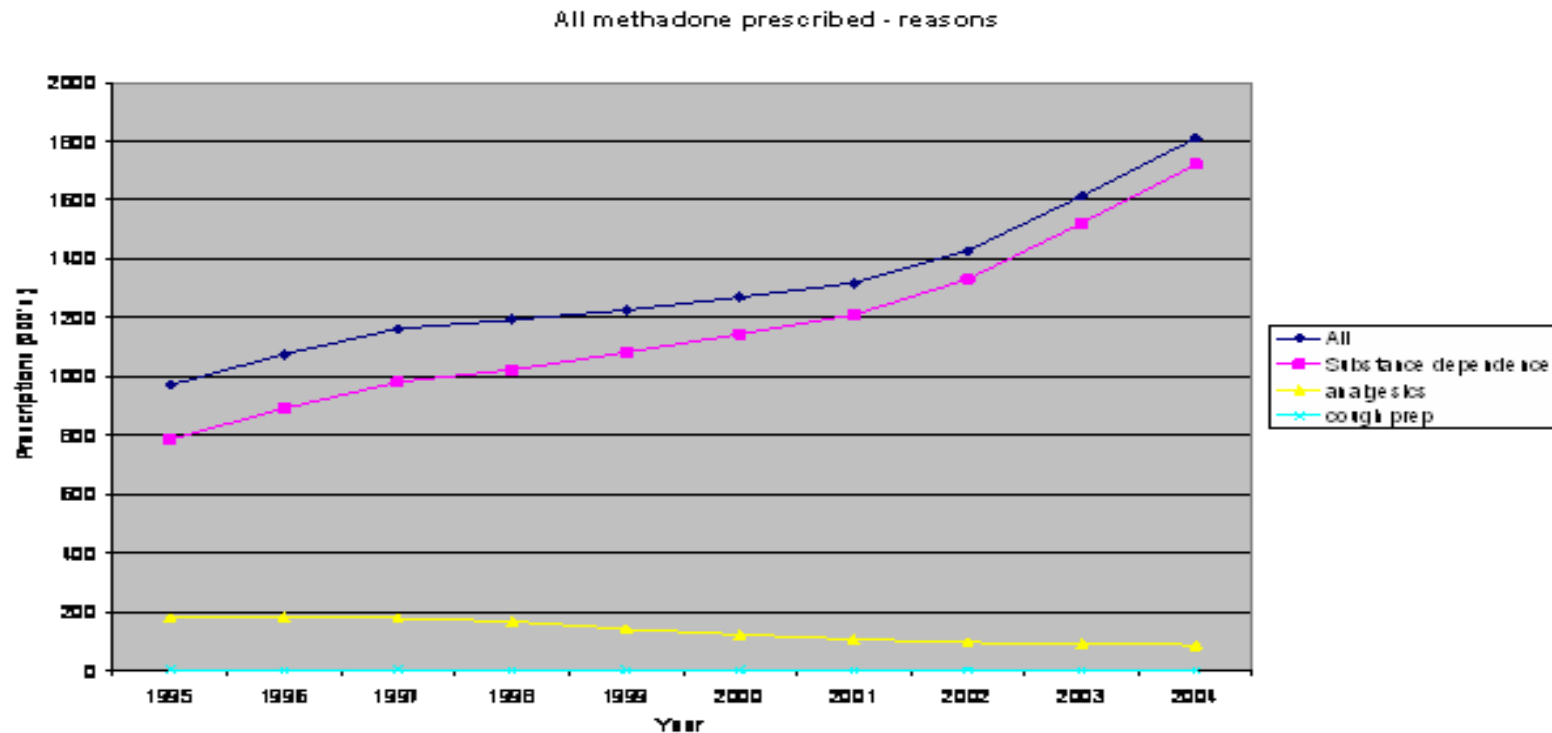
Headlines

- Variable practice
- Many areas not operating in line with “Clinical Guidelines”
- Some indication mean dose of methadone maintenance has gone up

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Number of prescriptions by reason given, 1995-2004



From prescribing data sources:
No of methadone and buprenorphine
prescriptions (000's) by region

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	Methadone				Buprenorphine			
	2002	2003	2004	% increase	2002	2003	2004	% increase
North East	71.6	102.7	141.5	97.6	18.0	29.3	41.5	130.6
North West	419.1	441.3	456.0	8.8	45.5	70.3	91.1	100.2
Yorkshire and Humber	165.6	191.4	232.5	40.0	36.8	68.6	101.8	176.6
East Midlands	59.1	84.3	110.3	86.6	24.4	36.3	51.1	109.4
West Midlands	127.3	153.3	188.1	47.8	43.0	71.1	87.8	104.1
East of England	99.6	113.8	125.7	26.2	27.4	41.1	60.2	119.7
London	206.0	234.7	253.5	23.1	18.4	33.3	48.9	165.8
South East	151.1	152.6	151.6	0.3	41.7	68.9	98.2	135.5
South West	119.7	136.6	150.8	26.0	34.2	47.2	57.8	69.0

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National prescribing audit 2005

Mean daily methadone maintenance dose

Based on 177 services providing methadone maintenance (n=177)



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Mean Dose	Number of services	Percent
Under 30mg	3	1.7
30-39mg	10	5.6
40-49 mg	38	21.5
50-59 mg	55	31.1
60-69mg	41	23.2
70mg and over	30	16.9
Total	177	100

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Drug Treatment Systems, Safety Nets (formal and informal), Relapse to Street Drug Use & Prison



T I E R 1	Self refral	T I E R 2	T I E R 2	N E E D L E E X C H A N G E	T I E R 3	D E T O X T e a m	Strctrd Day Care P R O G R A M S	T I E R 4	P R I S O N T R E A T M E N T	U s e r l e d C o m m u n i t y b a s e d P e e r S u p p o r t & M u t u a l A i d	N A C A A A
	<u>DIP</u>						S H A R E D C A R E				
	RoB					Res Rehb					
T R A I N I N G	Refe rral	Y P E O P L E	A D U L T S		M e t h a d o n e, B u p r e n o r p h e D F 1 1 8 ?			12 S t e p			

Immediate access to prescription meds act as safety net and encourages detox attempts

Licit and Illicit methadone, Buprenorphine, Benzos, & alcohol acting as informal safety net

Relapse to full blown Street Drug Use, crime, prostitution, arrest and re-entry to treatment System via CJ/DIP referral (community or prison)