



**WOMEN ONLY
CLINIC
(WOC)**

Knowsley PCT and
Lighthouse Project



Why have a women only clinic?

- To provide a women only approach as an alternative to local DAAT (for pregnant women and women with children under 5)
- To provide an holistic approach
- To provide a child friendly environment
- To promote collaboration and inter- agency working amongst professionals.



AIMS OF WOMEN ONLY CLINIC

- To try to break down barriers to engagement – non judgemental approach
- To reduce women's fears children will automatically be removed
- To improve antenatal attendances
- To improve parenting skills
- Women and family centred approach
- Focus on harm reduction



Services provided at WOC

- Drug assessments
- Lifestyle/health assessment
- Access to midwife – antenatal care
- Nursery nurse – parenting skills
- Access to ASK team
- Access/referrals to children centre's
- Webster Stratton/ Freedom Programme



Services Provided at WOC

- Parenting skills for babies under 1 yr
- Infant massage
- Alternative therapy – Electro-stimulation therapy
- Lockable boxes – methadone storage
- Lighthouse Doctor review at clinic



Future Aims

- Cytology screening
- Possibility of offering acupuncture in the future
- Stronger links with local colleges/employment agencies