

# Recovery and Personalisation

Dr Marcus Roberts  
Director of Policy and Membership0,  
DrugScope



---

---

---

---

---

---

---

---

## Growth of specialist drug treatment

- Capacity – in England 200,000 plus drug workers by 2007-08
- Investment – in England circa £800 million a year (less than 1 per cent of NHS spending)
- Harm reduction – PDUs, BBVs and the crime reduction agenda

---

---

---

---

---

---

---

---

**'absolutely shocking revelations'**  
**'massive failed expenditure'**  
David Davis, Shadow Home Secretary  
(2007)

**'.... we should focus spending on getting addicts off drugs ... not just spend money managing their addictions.'**

---

---

---

---

---

---

---

---

Maintenance  
versus  
Abstinence  
  
Recovery?

---

---

---

---

---

---

---

---

‘Recovery is about building a meaningful and satisfying life, as defined by the person themselves, whether or not there are ongoing or recurring symptoms or problems.’  
SCMH ‘Principles of Recovery’

---

---

---

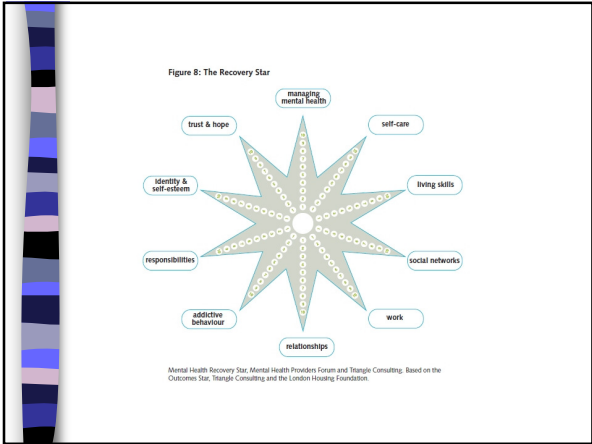
---

---

---

---

---



---

---

---

---

---

---

---

---

'Any path that moves people away from chaos, discomfort and the miseries that a chaotic drug use can experience, to any point that is an improvement on that ... is recovery as far as I'm concerned'.

Peter McDermott – The Great Debate



---

---

---

---

---

---

---

---

'The chronic relapsing condition mantra has become a self-serving prophecy. This has contributed to a demoralised workforce, attempting to meet quantitative targets not client change'

Professor David Best – Great Debate, Drug and Alcohol Today



---

---

---

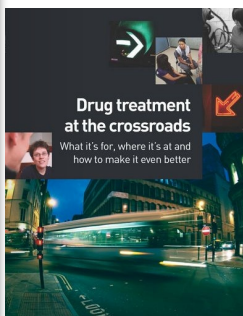
---

---

---

---

---



- Evidence-base for substitutes (NICE)
- Parking and warehousing
- Complex need
- Individualisation
- Many routes into drug dependency and many journeys out of it

---

---

---

---

---


---

---

---

'I don't want to just sit in my flat for the next 20 years thinking about how great it is to be off drugs'

Service User, MEAM



---

---

---

---

---


---

---

---

'I have on my lap a 27-page assessment form, a risk assessment and a TOP form ... he tells me ... he has never really talked to anyone about the difficulties in his life. I put the forms on the floor and say "would you like to tell me about yourself"'

'Beth', DrugLink



---

---

---

---

---

---

---

---



**Young people's drug and alcohol treatment at the crossroads**

What it's for, where it's at and how to make it even better



---

---

---

---

---

---

---

---



**Contact Details**

E-mail: [marcusr@drugscope.org.uk](mailto:marcusr@drugscope.org.uk)  
Tel: 020 7520 7556

Website: [www.drugscope.org.uk](http://www.drugscope.org.uk)



---

---

---

---

---

---

---

---