



Helping BME

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Introduction

- BME Population
- Data on BME Drug Use
- Drug Use (trends, factors)
- Barriers
- Services



Format

- Presentation
- Group Work
- Quiz
- Feedback



BME Population

- 2001 census
- BME 6%
- Highest Indian sub-continent & Caribbean
- Smaller numbers of Africans, Chinese and others
- Most local Authorities report 2%



BME Population

- Increased by 62% 1991-2001
- Increased by 73% UK
- Half Born in UK
- Highest Concentration in London (1 in 4) & Urban Cities
- 2 London Boroughs will be 50% BME by 2011



BME Demographics

- BME groups had a younger age profile than white groups.
- more likely to be unemployed or low income.
- more likely to live in sub-standard or overcrowded housing
- More likely to suffer stress-related mental illness.
- less likely to receive acute and community healthcare, to use domiciliary, day and residential services, and to seek public housing
- Overall, white people reported poorer health than people from other ethnic groups, although this varied by age.



Data on BME Drug Use



Data on BME Drug Use

- National Drug Treatment Monitoring System (NDTMS)
- Race Relations (Amendment) Act 2000
- British Crime Survey (BCS)



Race Relations (Amendment) Act 2000

- the elimination of unlawful racial discrimination (direct as well as indirect or unintentional discrimination)
- the promotion of equality of opportunity
- the promotion of good relations between persons of different racial groups.



Group Work

Trends/Factors
Barriers
Services



Quiz 1

Drugs Use Trends



Barriers to seeking help



Concerns of BME

- do not provide practical support;
- experience of racism
- the fear of breach of confidentiality
- suspicion of drug services
- fear that agencies will inform the police and their families about drug use
- The shame and honor ideology
- the social risks of disclosing drug use may be seen by some as more significant than the personal health risks



Refugees/Asylum Seekers

- often seek treatment in non-drug-specific services.
- fears that exposing drug use may jeopardize applications for refugee status.
- previous experience of oppression or torture in home countries may have led to a distrust of any organization viewed as 'official', including statutory health services.



Quiz 2

Services

Quiz 3

Mental Health

Feedback
