

**Workshop: Helping Ethnic Minorities
15th Annual Drug Conference, Glasgow
22 April 2010**

Dr. Muhammad Ali Mahmood, Medical Officer, Glasgow Addiction Services

Drug use and Trends

1. Drug use among BME compared to Generic

- a. Non Existent
- b. Low
- c. High
- d. Extremely High
- e. Almost same

2. Factors leading to drug use among BME are mostly same as those among generic

True

False

3. BME are more likely to be exposed to the factors that lead to drug use than generic

True

False

4. Most common Drug among Young BME

- a. Heroin
- b. Speed
- c. Khat
- d. Cocaine
- e. Cannabis

5. BME more likely to use drugs, (select all that apply)

- a. If friends from within same community also use drugs
- b. If religion is less important in their life
- c. If female
- d. If suffered racism

6. Social & Cultural Factors (select all that apply)

- a. Often hide drug and alcohol problems
- b. Drinking is not related to religious beliefs.

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SERVICES

7. Institutional Failure can be caused by, (more than one correct)

- a. Lack of positive cultural symbols and presenting a 'white' image.
- b. The historic focus of many services on opiates
- c. A failure to tackle language barriers
- d. Failure to work appropriately with family members
- e. Lack of site facilities in accessible locations.

8. Awareness of drug and alcohol services among BME communities compared to Generic population,

- a. Low
- b. Same
- c. High
- d. Not sure

9. People from BME communities find it _____ to access services

- a. easy
- b. same as other communities
- c. difficult
- d. Not sure

10. Mainstream services should be more sensitive to the needs of BME

- a. Agree
- b. Disagree
- c. They are already sensitive
- d. Not Sure

11. Nature of Services

- a. Specifically targeted to at BME
- b. Provided by mainstream services
- c. To have a choice of services
- d. Not Sure

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Mental Health

12. Black more likely to be,

- a. Receive IM meds
- b. Receive IV meds
- c. To be restrained
- d. To receive Oral

13. More likely to be sectioned

- a. Black
- b. Pakistani
- c. Indian
- d. Chinese
- e. Middle Eastern
- f. White

14. Mental Health lowest among

- a. Black
- b. Pakistani
- c. Indian
- d. Chinese
- e. Middle Eastern
- f. White

15, For the BME (more than one correct)

- a. Mental Health is a priority
- b. Mental Health is an individual's problem
- c. Seeking help is shameful
- d. Social risks are more important than personal risks

16. Barriers to Mental Health help include (more than one correct)

- a. Western Model
- b. Communication
- c. Fear of institutional Racism
- d. Depend on generation

Answers

- 1. B**
- 2. True**
- 3. True**
- 4. E**
- 5. A,B,D**
- 6. A**
- 7. A,B,C,D,E**
- 8. A**
- 9. C**
- 10. A**
- 11. C**
- 12. A,B,C**
- 13. A**
- 14. D**
- 15. B,C,D**
- 16. A,B,C,D**

Note: As explained during the workshop, these answers are based on general trends and various surveys. Some of these might not be definite given the paucity of evidence in this field.